

# Point your patients in the **right direction**, sooner, with the **Metabolic Risk Panel**

Patient risk continues to climb for a **growing number of cardiometabolic diseases**.<sup>1</sup> Yet many patients are unaware of their own risk, including millions who have prediabetes.<sup>2</sup> Patients who don't understand their risk are unlikely to take the actions needed to prevent disease progression.



## For patients at a crossroads, a new tool for earlier risk identification

Early identification offers the **greatest possibility of success** with lifestyle modification. The new **Metabolic Risk Panel** from Quest Diagnostics-Cleveland HeartLab Cardiometabolic Center of Excellence can help healthcare professionals uncover hidden risk sooner.

### The Metabolic Risk Panel includes:

- Apolipoprotein B (ApoB)
- HbA1c
- Insulin Resistance Panel with Score
- Lipid panel



1 in 3

US adults has metabolic syndrome<sup>3</sup>

84 million

adults have prediabetes



90%

don't know it<sup>2</sup>

With more information, you can uncover hidden risk and take action.



**30 million**  
**ADULTS**  
have progressed to type 2 diabetes<sup>4</sup>

## Bring risk to light earlier, for a clearer path ahead

When it comes to patient risk, traditional testing may not tell the whole story. The Metabolic Risk Panel provides a clear path for earlier risk identification, offering data for deeper insight into the metabolic state of your patients than any one test alone. For example:

- **Measuring ApoB with triglycerides** can help you assess changes in lipid metabolism that are associated with early stages of metabolic dysfunction
- LDL-C and non-HDL-C measurements can be used with ApoB to **identify lipid discordance**, a phenomenon associated with metabolic syndrome and insulin resistance; identifying those with discordantly high ApoB uncovers risk that might otherwise be overlooked when LDL-C levels appear optimal
- **Coupling HbA1c with the Insulin Resistance Panel with Score** can provide insight as to where a patient may be on the metabolic risk continuum

Armed with this information, you can help your patients take action to **reverse the course of disease progression**, preventing costly and debilitating diabetic and cardiovascular disease events.

## Changing the course of disease progression

The Metabolic Risk Panel can provide the information you need to help your patients course-correct earlier with lifestyle modifications, for better health outcomes.

Test Name	Patient Preparation	Test Code	CPT Codes <sup>a</sup>
Metabolic Risk Panel <sup>b</sup>	Overnight fasting required	39447	80061, 83036, 82172, 83525, 84681

<sup>a</sup> The CPT codes provided are based on AMA guidelines and are for informational purposes only. CPT coding is the sole responsibility of the billing party. Please direct any questions regarding coding to the payer being billed.

<sup>b</sup> Panel components: Cholesterol, Total (C117), HDL Cholesterol (C118), Triglycerides (C119), Lipid Panel (C906), Hemoglobin A1c (C145), Apolipoprotein B (C123), Insulin, Intact, LC/MS/MS (C146), Insulin Resistance Panel with Score (C1388).



**KNOWING** more about risk, sooner, can help your patients change course. Contact your Quest Diagnostics sales representative or visit [ClevelandHeartLab.com](http://ClevelandHeartLab.com) to learn more.

### References

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