Quest Diagnostics®

Give your baby the best possible start

Carrier screening

Why is carrier screening important?

Besides your eye color or your partner's distinctive laugh, your baby may also inherit certain genetic health conditions. Some of these conditions may pose health risks for your child. Carrier screening can help determine what conditions may get passed on, and whether they could impact your baby's health.

Help plan your family's future

What is carrier screening, and what does it mean to be a carrier?

Knowing your carrier status is an important step in planning for your family's future. Anyone can be a carrier of a genetic condition. Carrier screening looks for variations in your genes linked to specific health conditions that can be passed on to your children.

Why is it important to know your carrier status before becoming pregnant?

Most people don't know they're a carrier until they have a child with a genetic condition or find out through the results of carrier screening. Because of this, screening is recommended before pregnancy to determine whether you are a carrier of a genetic condition. Screening before pregnancy allows you to discuss reproductive options with your provider and can help you make more informed decisions for yourself and your family.

Who should get tested?

The American College of Obstetricians and Gynecologists (ACOG) recommends that all women, even those without a family history of genetic conditions, should consider carrier screening. Your reproductive partner should consider screening as well.

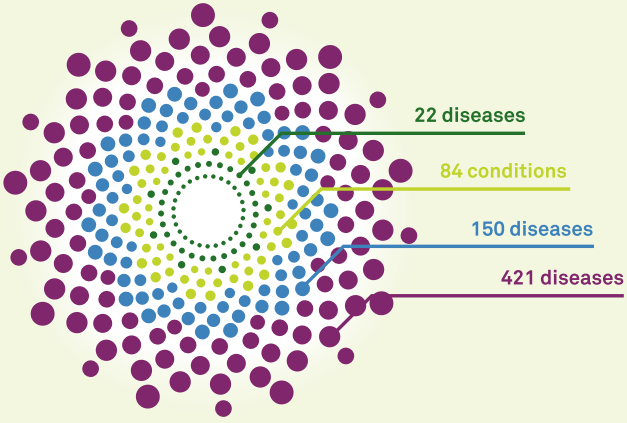
Types of screenings

QHerit® carrier screening

QHerit offers 4 test panels that allow you to screen for up to 421 inherited genetic conditions. Your doctor can help you decide which panel is right for you.

With your QHerit carrier screening results, you and your doctor can have the information you need to best prepare for your baby's arrival. These insights can help identify relevant conditions that can impact your baby's health or healthcare planning decisions.

With 4 QHerit test panels available, you can screen for up to 421 inherited genetic conditions:



Single-gene screening

Your doctor may recommend screening only for certain genetic conditions rather than order a full panel. We offer tests for specific genetic conditions, including:

- **Cystic fibrosis (CF)**
- **Fragile X syndrome**
- **Spinal muscular atrophy (SMA)**
- **Tay-Sachs disease (TSD)**
- **And others**

Your results, explained

- Your screening results are securely available online through the MyQuest® app
- If you have questions about your results, you can speak to a genetic counselor at **1.866.GENE.INFO**
- Consultations are offered at no additional cost to you—no appointment required

Affordable options

- **Patient Navigators** are trained to work one-on-one with you to provide an accurate out-of-pocket estimate and answer any billing questions
- **No surprises:** We'll contact you and/or your doctor if your cost is expected to exceed $300
- **Most insured patients pay less than $25 when using Quest***
- Quest is **in-network** with most major health plans
- **Supplemental financial assistance** is available for patients who qualify, and we offer options if you are uninsured; ask a Patient Navigator for more information

** Based on Quest Diagnostics 2021 fiscal year claims analysis*

Call 1.888.445.5011 or email **PatientNavigators@QuestDiagnostics.com** to contact a Patient Navigator who can answer your insurance or billing questions

Close and convenient

The screening consists of a simple blood draw at your doctor's office or one of our **2,200+ Patient Service Centers**.

Ready to schedule an appointment?

Scan the QR Code to get started.

Questions about your results?

Our genetic counselors can answer questions about your Quest genetic test results at no additional cost. Call **1.866.GENE.INFO** (1.866.436.3463) and speak to a genetic counselor—no appointment needed.

Image content features models and is intended for illustrative purposes only.

Important Information: QHerit, QHerit Plus, QHerit Extended, and QHerit 421/381 are carrier "screening" tests, and they screen for variations in your genes linked to certain health disorders, which can be passed to your children. QHerit screens 22 genes; QHerit Plus screens 85 genes; QHerit Extended screens 150 genes, and QHerit 421/381 screens 421/381 genes. For a full list of genes that each panel in the QHerit family screens, visit QHerit.com. If the results from any panel in the QHerit family suggest that you may be a carrier of a gene variation that can cause a health disorder in your children, you should discuss your options with a healthcare provider (eg, partner screening and/or genetic counseling). Pregnancy management decisions should not be based on the results of these screening tests alone. As with any test, there may be false positives or false negatives. The positive predictive value of the screening test varies by genetic variation and may be lower for rare conditions. Each panel in the QHerit family is a laboratory-developed test that has been developed and validated pursuant to the Clinical Laboratory Improvements Amendments of 1988 (CLIA) and, as such, it has not been reviewed by the FDA.
Panel components for males do not include specified X-linked conditions.

QuestDiagnostics.com

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